



Issue 1 — 2023

THE RETIREE GUARDIAN

Newsletter of CenturyLink Retirees

www.ctlretirees.org

Message from the Chair

Hello and welcome to this issue of *The Retiree Guardian*. It has been an eventful year for us and I hope we can all look back on 2022 as a challenging and rewarding time. The frequent and sudden changes to our economy have really been keeping me in a feeling of nervous anticipation. New choices available in our health care options have given us a lot to review in the last few months. As usual, you will find a lot of specific and useful information in the pages of this newsletter.

With the pandemic environment easing a little, the NRLN is resuming the fly-in visits to our legislators in Washington. One of the benefits of our membership in NRLN is the ability to visit in person with representatives and senators and make sure our concerns and opinions are heard and valued as we work to improve and preserve retirement benefits. As of now, the Board plans to send two members to this lobbying effort. They will not only be offering guidance and information to the representatives on pending bills, but will also be offering a “report card” advising them of how their voting record has been perceived by the retirement community. The congressional reps are very interested in that data. Look for a report from

the attending board members sometime this summer.

In the last two years, we have become reasonably proficient at ZOOM meetings. The internet has allowed us to continue to provide access to each other as well as the issues impacting our company and issues of retirement. We will soon begin planning for our annual meeting in 2023. Should we return to an “in person” meeting format or use technology to meet our requirement for an annual gathering? If you feel strongly about a face-to-face meeting or another Zoom call, let us know.

Our membership remains at over 1,900. *The Retiree Guardian* is a vital tool available to help us manage and understand all the elements impacting retirement. Go to the back page and look over the list of contributors and volunteers who produce this document. Also, do not hesitate to contact one of the Retiree Advocates on that list if you have problems that cannot be solved with the Lumen benefits website and helpline. Enjoy this issue of *The Retiree Guardian* and have a happy, prosperous and safe 2023!

Gerold “Jerry” Weldon

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Our Mission: To preserve and protect the pension and benefits we earned